

HEALTH DEPT OR CHILD CARE FACILITY LETTERHEAD

Dear Parent or Guardian:

We wish to inform you that a person at **FACILITY NAME** has been diagnosed with COVID-19. The **NAME** County Health Department is working with your child's facility to identify anyone who may have been exposed to this person with COVID-19. *If your child is identified as having had close contact (i.e. within 6 feet for at least 15 minutes) to this person, you will be notified with a separate communication that will include additional information and instructions.*

Symptoms of COVID-19 can be mild or severe. Also, some people can carry the virus and have no symptoms. Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Anyone can get COVID-19, but it can be more dangerous for people with weakened immune systems. While COVID-19 is usually mild in children, some children have developed a severe Multisystem Inflammatory Syndrome (MIS-C) after having COVID-19. Additional information about MIS-C and COVID-19 can be found on the [CDC website](https://www.cdc.gov/coronavirus/) (www.cdc.gov/coronavirus).

The best protection against COVID-19 at this time is to stay at home when you feel sick and observe the 3 Ws:

- ✓ Wear a cloth face covering if you will be with other people*
- ✓ Wait 6 feet apart. Avoid close contact.
- ✓ Wash your hands often with soap and water for at least 20 seconds or use hand sanitizer.

* The following individuals should not wear a face covering: children under age 2, or anyone who has trouble breathing, is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

In addition, make sure your family's vaccinations are up to date. For more information you can visit <https://immunize.nc.gov/>.

In an effort to keep everyone healthy and safe, **FACILITY NAME** in following the NCDHHS Interim COVID-19 Guidance for Child Care Settings is already cleaning, sanitizing and disinfecting more frequently and screening everyone who enters the facility for illness. **FACILITY NAME** is also taking the following additional actions:

1) Individuals with confirmed COVID-19 will be asked to isolate at home. Recovered individuals can be with others after:

- 3 days with no fever without using any fever-reducing medications AND
- Symptoms improved AND

As of June 3, 2020

- 10 days since symptoms first appeared

2) Exposed individuals who had close contact will be asked to stay home and quarantine for 14 days from the last contact to the positive person.

If you have any questions or concerns, please call the NAME County Health Department at (XXX) XXX-XXXX or FACILITY DIRECTOR at (XXX) XXX-XXXX.

Sincerely,